

Publications

Publications

(A)

Straughan HJ, Buckenham MA (2006) "In-Sight": an evaluation of user-led, recovery-based, holistic group training for bipolar disorder. *Journal of Public Mental Health* 5 (3) 28-41.

(B)

Straughan HJ (in press, due Oct 2007) Learning to Cope Together: Self-help, peer support and a multi-faceted approach are fundamental to learning to manage the complexity of bipolar disorder. *Mental Health Today*, Brighton.

(C)

Straughan HJ (2006) From the Edge: What a Difference the Channel Makes. French and European Conference on Self-Help Groups. Lille, France 1 & 2 February, 2006. EastForwards, Care Services Improvement Partnership, 24 7.

(D)

Straughan HJ (in press, due 2008) Influencing Change: User or Researcher? Elitism in Research, Chapter 13 in *This is Survivor Research*. Beresford P, Faulkner A, Nettle M, Rose D & Sweeney A (eds). Supported by the Mental Health Foundation, for PCSS Books, London.

(E)

Straughan HJ (in press, due end 2006) as "Helen". NICE Bipolar Disorder Guidelines. Developed by the National Collaborating Centre for Mental Health, commissioned by the National Institute for Health and Clinical Excellence. Published by the British Psychological Society and The Royal College of Psychiatrists. Alden Press UK.

(F)

Straughan HJ (in press, due 2008) "In-Sight": recovery training for people with bipolar disorder and depression. Course manual. Pavilion Publishing, Brighton.